Overview

In the Loop Coffee Talks are virtual discussions of all things caregiving. Each quarter, we welcome experts to discuss important topics for caregivers and answer their real-time questions about caring for their loved ones.

Here's what to look forward to during our Coffee Talks:
- Relevant topics based on caregiving needs that our Care Coaches support
- Insights from Care experts about their areas of expertise
- Deep dives on frequently asked questions
- Discussions about trending topics and how they impact families and caregivers
- A live Q&A at the end of the event

Thursday, March 28 at 12 p.m. CST
Register

Join our Care Coaches as they provide valuable insights and practical advice to empower you along your caregiver journey. Whether you're seeking support for yourself or a loved one, this webinar will deliver useful tools and actionable knowledge to navigate the myriad challenges and opportunities of disability care.

Thursday, May 23 at 12 p.m. CST
Register

Our expert speakers—merging professional and personal experience—will guide attendees through strategies to prevent burnout and maintain a healthy balance between caregiving and self-c

Thursday, July 25 at 12 p.m. CST
Register

This month, our experts will provide practical strategies for coping with daily challenges, enhancing communication and ensuring effective care. Discover supportive resources and tips for maintaining your well-being while caring for loved ones with dementia. This session is a valuable opportunity for caregivers seeking empowerment and knowledge in their caregiving journey.

Thursday, October 24 at 12 p.m. CST
Register

As Medicare Open Enrollment begins, we want to answer your questions and make sure you feel confident as you choose a plan for yourself or a loved one. Care Coach Dyneshea Greer sits down to answer your biggest questions. We break down what Medicare covers—Parts A through D, Medicare Supplement Plans and Medicare Advantage Plans. We also make sure you understand the big difference between Medicare and Medicaid.